



# Master of Arts

IN COUNSELING  
PSYCHOLOGY

THE  
**Wright**  
INSTITUTE

*A unique two-year program that offers flexible daytime,  
evening, and weekend class schedules*

*A dynamic blend of academic rigor, practical training,  
and a supportive, collegial environment*

*A focus on the importance of the social and  
cultural context to the practice of psychology*

*The perfect program for someone wanting to pursue  
a meaningful career helping others achieve their full potential*

**The Wright Institute's Master of Arts** in Counseling  
Psychology Program prepares you for licensure as a marriage  
and family therapist or professional clinical counselor.

Our well respected, accredited graduate program trains  
you to provide culturally sensitive mental health services that  
support resiliency, recovery, and social justice.



## The Program

In the first year, a progressive sequence of courses gives you the theoretical foundation required for solid counseling skills and develops your capacity for self-reflection and empathy.

In the second year, you begin 15-20 hours a week of practicum. This hands-on training puts developing skills to work in a supervised setting, while on-going coursework offers advanced theoretical and practical grounding.

Professional counseling is fundamentally relationship based, and our program encourages you to develop the rapport-building skills that will help your clients make important changes in their lives. The program prepares you to work effectively with individuals and families with diverse needs and backgrounds. You will explore the impact of factors such as age, ethnicity, gender, socioeconomic status, and sexual orientation on your clients' lives and the therapeutic relationship.

*At the Wright Institute, we educate “clinicians to society”—clinicians who bring a deep awareness of the social and cultural context to the practice of psychology.*

### *Coursework includes:*

- Addictions Counseling
- Aging and Long Term Care
- Child and Adolescent Counseling
- Clinical Assessment and Measures
- Common Therapeutic Factors
- Community Mental Health
- Counseling Theories and Techniques
- Couples Counseling
- Crisis, Disaster, and Trauma Counseling
- Diagnosis and Empirically Supported Treatments
- Family Therapy/Postmodern Models
- Family Therapy/Traditional Models
- Family Violence and Protection
- Group Counseling
- Individual and Family Development
- Law and Professional Ethics
- MFT Professional Development Seminar
- Multicultural Awareness and Sensitivity
- Psychopharmacology and the Biological Bases of Behavior
- Research Based Practice
- Sexual Development and Health

## The Curriculum

Our curriculum integrates coursework with practical experience, providing for the systematic, progressive acquisition of the knowledge and skills necessary to become a licensed marriage and family therapist or professional clinical counselor.

Supervised clinical experience gives you the opportunity to apply what you've learned in the classroom to the broad spectrum of human problems that confront professional counselors.

You will find the Wright Institute's outstanding reputation and legacy of social responsibility and socially relevant training to be a valuable asset as you apply for training positions and professional employment.

Through our curriculum you will:

- Learn counseling and marriage and family therapy theories and techniques for assessing, diagnosing, and improving the well being of individuals and families.
- Integrate issues of diversity, social justice, and the recovery model into organizational and clinical settings.
- Develop communication and relationship skills that foster effective working relationships with clients, supervisors, and colleagues.
- Develop a professional identity as a critical thinker, effective problem solver, and ethical provider of mental health services.





## The Learning Environment

At the Wright Institute, top applicants are carefully selected for the program. Students are admitted in small cohorts and complete the program together. The cohort model creates a collaborative learning community where you forge close relationships and begin to establish your professional network.

Our master's students come from a wide variety of academic, professional, and cultural backgrounds. We seek to build a cohort which is engaged, supportive, and representative of the rich diversity of our communities.

Our enthusiastic faculty is forward thinking, accessible, and dedicated to your success. They are active practitioners and offer valuable real-world insights. In addition to course instruction, our faculty provide individualized attention and mentoring to support your professional development.

The Wright Institute is a dynamic, collaborative learning community committed to your growth and success.

*The Wright Institute  
is one of the few  
remaining independent  
educational institutions  
of graduate psychology,  
enabling us to be open  
to new ideas, adaptable,  
and responsive to  
students' needs.*





## Where We Are

The Wright Institute is located in Berkeley, California a short distance from the University of California campus. The Institute is housed in a beautiful building with a warm and comfortable ambiance. The neighborhood restaurants, cafes, bookstores, and shops that surround the campus create a vibrant social and intellectual atmosphere.

The San Francisco Bay Area offers a multicultural, cosmopolitan environment that attracts an extraordinary community of scholars, artists, activists, entrepreneurs, and scientists from around the world.

**We would like to hear from you.**

Please call or email us to discuss how the Master's Program at the Wright Institute might be right for you.

510.841.9230 • [admissions@wi.edu](mailto:admissions@wi.edu) • [www.wi.edu](http://www.wi.edu)

The Wright Institute is accredited by the Accrediting Commission for Senior Colleges and Universities of the Western Association of Schools and Colleges (WASC). The Wright Institute's Master of Arts in Counseling Psychology Program is approved by the Board of Behavioral Sciences (BBS).



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