

Presents

**Continuing Education for Psychologist, M.F.T.'s, L.C.S.W.'s, and Nurses
2008**

Bad Therapy: Lessons from Prominent Therapists and Famous Clients

Date: Friday, February 29, 2008

Time: 9:00 a.m. to 4:00 p.m.

Instructor: Jeffrey A. Kottler, Ph.D.

Location: The Berkeley Yacht Club, 1 Seawall Drive, Berkeley, CA 94704

Description: Based on interviews with over a hundred of the most prominent theoreticians in the field as well as studies of famous clients in therapy who have had spectacularly negative outcomes, this workshop explores what can be learned from failures as well as successes. Participants will explore the nature of their own consistent errors and misjudgments, how we all tend to deny and disown these experiences, and what we can do to be more accepting of our imperfections and more proactive in preventing failures in the future. There will be opportunities to identify personal and professional struggles that are going on right now and work through impasses and frustrations that can be applied to any work setting. (A box lunch will be included*)

Credits: 6 pending approval

Working with Families Using Evidence-Based Principles

Date: Friday, March 14, 2008,

Time: 1:00 p.m. to 5:00 p.m.

Instructor: Pamela Parkinson, Ph.D., LCSW.

Location: The Wright Institute, 2728 Durant Ave., Berkeley, CA 94704

Description: This workshop provides an overview of family systems intervention concepts consistent with many of the Evidence-Based Practices (EBP) that underlie such as functional, structural, brief strategic, and multi-systemic family work. Some of the concepts/principles covered include: genogram assessment; hypothesis development; strengths focus; enactment; reframing; hierarchy; triangulation; alliances; ecological systems; etc. This workshop prepares participants for the month-long seminar that uses the "one-way" mirror and earpiece.

Credits: 4 pending approval

Emotionally Focused Therapy

◆ Cosponsored by The Northern California Community for Emotionally Focused Therapy

Date: Friday, March 28, 2008

Time: 5:30 pm to 7:30pm

Instructor: Brent Bradley, Ph.D.

Location: The Wright Institute, 2728 Durant Ave. Berkeley, CA 94704

Description: Learning to let attachment theory guide the use of processing emotion is a critical aspect of EFT. This presentation will specifically focus on key elements and

interventions in this process. Brent Bradley, Ph.D., a renowned expert in the area of "blamer softening events," will illustrate EFT strategies with video segments of therapy sessions and share insights gleaned from his own research program. His presentation will be of interest for those with advanced training in EFT as well as those who are curious about this empirically supported approach

Credits: 2 pending approval

Perception of Deception

PLEASE NOTE: THIS IS NOT A CEU EVENT

Date: Saturday, April 19, 2008

Time: 1:00 p.m. to 3:00 p.m.

Instructor: Maureen O'Sullivan, Ph.D.

Location: Spenger's Fresh Fish Grotto
1919 Fourth Street, Berkeley, Ca. 94710

Description: How good are you at detecting deception and understanding others? Find out from Maureen O'Sullivan, psychology professor at the University of San Francisco, who has been studying lie detection accuracy for more than twenty years. She will share the results of her current research on expert lie detectors or "truth wizards" - the kinds of verbal and non-verbal behaviors they attend to and how they think about others. Similarity and differences between their approaches to lie detection and that of empirical studies on lie detection will be highlighted.

Voice Therapy Workshop

Dates: Friday, May 9, Saturday, May 10, & Sunday, May 11th 2008,

Times: Friday: 6:00-9:00pm, Saturday: 9:00-4:00pm, Sunday: 9:00am-12:00pm

Instructor: Lisa Firestone, Ph.D.

Location: The Wright Institute

Description: Voice Therapy developed by Robert W. Firestone PhD, is an affective behavioral cognitive therapy. It provides therapists with an integrated approach to help their clients understand and challenge negative thought processes, overcome addiction and depression, and enhance their personal relationships. Voice Therapy provides us with a banquet of insights into the nature of our inner lives and emotional relationships. As a psychiatrist and educator, my professional training focuses on the mind, the brain, and human relationships. Parallel in our views is the perspective that deeper self-understanding and authentic interpersonal relatedness go hand in hand, reinforcing each other as they deepen and become unburdened by restrictive adaptations from the past."

Fees: General Early Bird Registration: \$350 (before April 11th), General Registration \$395 (after April 12)
Student Early Bird Registration (w/ Valid Student ID): \$200 (before April 11th), General Student Registration is \$250 (after April 12th)

Credits: 12 pending

REGISTRATION FORM

TO REGISTER: Please return this completed form to The Wright Institute, CE Program Registration, 2728 Durant Ave., Berkeley, CA 94704 ~ Or contact Oscar Ureño at (510) 841-9230 x172.

Name _____ License Type & Number _____
Address _____
City, State, Zip _____
Phone _____ E-mail (opt) _____

Please check one:

- General Registration
 Alameda County Psychological Association Member
 Student/Trainee
 Wright Institute Staff or Collaborative Practica Site Personnel
 Other: _____

Please check the event(s) you will be attending and circle appropriate pre-registration fees:

	WI Faculty/Sup/Staff	ACPA	Student	General
<input type="checkbox"/> Kottler (includes box lunch*)	Free	\$115	\$75	\$135
<input type="checkbox"/> Parkinson	Free	\$65	\$30	\$75
<input type="checkbox"/> Bradley	Free	\$30	\$20	\$40
<input type="checkbox"/> O'Sullivan	Free	Free	Free	Free
<input type="checkbox"/> Firestone	Free	10% discount	\$200/\$250	\$350/\$395

Total fee enclosed: _____

***for Kottler Workshop, please indicate your preference for:**

- Vegetarian Non-Vegetarian

Mail checks payable to: The Wright Institute

The Wright Institute
CE Program Registration
2728 Durant Avenue
Berkeley, CA 94704