



**The Wright Institute  
Integrated Health Psychology Training Program  
Postdoctoral Residency Program  
September 1, 2016 – August 31, 2017**

**Description**

Since 2004, the Wright Institute's Integrated Health Psychology Training Program (IHPTP) has provided a much-needed and highly sought after primary care training experience. IHPTP prepares postdoctoral residents to work independently with advanced training and skills for best practices in clinical psychology within primary care and other community health settings.

IHPTP is sponsored and facilitated by the Wright Institute, an APA-accredited doctoral program in collaboration with Contra Costa Health Services (CCHS). CCHS partnering health centers are located in Richmond, San Pablo, Martinez, Pittsburg and Concord. IHPTP comprises of three levels of training: Practicum (P2, P3), APA-accredited Doctoral Internship and Postdoctoral Residency Programs.

**Philosophy and Training Goals**

IHPTP provides clinical psychology professional training with the goal of developing the resident's competence in practicing independently, providing psychological services, training and supervision within an integrated community health setting. Goals include the acquisition of competencies in: 1) assessment; 2) treatment planning and intervention; 3) consultation, professional behavior and supervision; and 4) integration of science and practice. Competencies are graded in complexity throughout the year. Postdoctoral Residents are instructed and supervised in the biopsychosocial model (Engel, 1980) with a focus on evidence-based practice and research in behavioral medicine. Interdisciplinary teamwork, cultural competency, ethics, and professionalism are emphasized throughout the training.

**Application of Acquired Skills**

The postdoctoral residency training provides opportunities in the following: 1) clinical intervention in an integrated community health setting (exam room consultations, brief individual and group treatment; 2) collaborating with an interdisciplinary team of physicians, nurses, social workers, psychiatrists and other medical providers; 3) teaching; 4) supervision of practicum students; 5) leadership and administration (site liaison) and 6) neuropsychological assessment (only applicants who completed the neuropsychological assessment rotation through IHPTP will be considered). Residents supervise practicum students on a weekly basis and function as site liaisons at participating health centers (managing referrals, facilitating onsite case conferences, participating in administrative meetings). Opportunities for teaching assistantships are available to those who have completed IHPTP as interns, or who have supervised experience in a similar setting with training in behavioral medicine. Opportunities for participation in the Neuropsychological Assessment Program are available to those who completed the Neuropsychological Assessment Rotation as an intern.

**Supervisor Training (Ongoing)**

Postdoctoral residents participate in a monthly supervision training meeting. This meeting provides training in supervision, including best practices, ethical and legal issues, developmental framework for supervision, faculty consultation, and focused workshops on current research and interventions.

**Postdoctoral Residency Weekly Schedule (example based on 40 hours)**

- 8 hr primary care consults alongside medical provider in exam rooms
- 12 hr individual/group intervention/assessment
- 3 hr supervision of students
- 1 hour site-specific group supervision of trainees
- 1 hr onsite case conference provider meeting
- 2 hr individual supervision
- 2 hr group supervision
- 2 hr co-teaching training seminar(s)
- 6 hr administrative time (documentation, seminar preparation, liaison work)
- 3 hr monthly training on supervision

**Supervision**

IHPTP residents are supervised in the application of skills and knowledge from their clinical experiences, and supervisory experiences with students in weekly onsite two-hour individual and two-hour group supervision by IHPTP licensed clinical psychologists.

**Partnering Health Centers**

Contra Costa Health Services <http://cchealth.org>

North Richmond Center for Health 1501 Fred Jackson Way, Richmond, CA 94801

West County Health Center 13601 San Pablo Avenue, San Pablo, CA 94806

Martinez Health Center 2500 Alhambra Ave Building 1, Martinez, CA 94553

Miller Wellness Center 25 Allen Street, Martinez CA 94553

Pittsburg Health Center 2311 Loveridge Road, Pittsburg CA94565 (anticipated site 2014)

Concord Health Center 3052 Willow Pass Road Concord, CA 94519

**Salary**

\$32,000 for Full Time

**Applications**

Only applicants from APA-accredited schools with supervised experience in a medical setting and training in integrated behavioral health will be considered. IHPTP internship completers will have priority in the application process.

Applications include letter of interest, 1 letters of references and curriculum vita. Submit application to Training Director, Temre Uzuncan [tuzuncan@wi.edu](mailto:tuzuncan@wi.edu)

**Application Deadline:** December 28, 2015

**Contact**

Temre Uzuncan, PsyD, Director at [tuzuncan@wi.edu](mailto:tuzuncan@wi.edu)