### Workshop Description:

Substance abuse and dependence disorders are among the most prevalent mental health challenges faced by Americans, and they are frequently co-morbid with other diagnoses. A working knowledge of how substance abuse/dependence is treated is a critical skill for psychologists.

Unfortunately, substance abuse training is rare and often of inconsistent quality due to the historic divide between mental health treatment and addiction treatment. Many clinicians never receive formal training in substance abuse counseling. As a result, clients are often not adequately served.

This course will provide an overview of the assessment and treatment of substance abuse and dependence disorders from multiple theoretical perspectives. It will also review historical treatment approaches to substance abuse/dependence. It will include an overview of the prevalence of substance abuse disorders, how to assess their severity, the cultural context in which substance abuse/dependence is understood, and multiple treatment modalities.

This class will also satisfy the substance abuse course requirement for CA licensure.

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**THE WRIGHT INSTITUTE PRESENTS:**

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**Assessment and Treatment of Substance Abuse and Dependence**

Saturday, October 8, 2016 & Sunday, October 9, 2016

9:00AM-6:00PM

**Course Level: Intermediate**

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**Instructor:** Trevor M. Ahrendt, Psy.D.

**Location:** The Wright Institute
Rooms 109/110
2728 Durant Ave, Berkeley, CA 94704

**To Register:** [www.wi.edu/continuing-education](http://www.wi.edu/continuing-education)

**Contact:** Wright Institute Continuing Education
Email: Julie@wi.edu  Phone: 510.841.9230 x115

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**Free:** for Wright Institute Faculty/Staff/Collaborative and Other Supervisors Supervising WI Students/Training Directors

**Free:** for WI Graduates attending the Pre-Licensure course or who recently passed the EPPP, but not yet licensed

**Students:** $160
  **WI Alums:** $240
  **General:** $400

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*Please contact us in advance if you require special accommodations on the day of the event.*
After attending this workshop, participants will be able to:

1. Summarize the difference between harm-reduction and disease models of addiction
2. Observe differences between different approaches to substance abuse treatment
3. Discuss the application of substance abuse treatment strategies to existing clinical cases
4. Critique the discipline of psychology’s approach to treatment of substance abuse/dependence
5. Demonstrate knowledge required to satisfy the CA state licensing requirement

Instructor Bio:

Trevor M. Ahrendt, Psy.D. is a licensed clinical psychologist practicing in Berkeley and San Francisco. His clinical practice focuses on integrating treating substance abuse and dependence and psychotherapy. He acted as the Associate Director for the Wright Institute Recovery Clinic, training and supervising doctoral students in treating substance abuse and dependence. Dr. Ahrendt is a well-regarded and sought after instructor in Motivational Interviewing and has provided training at Solano County Prison, Options Recovery Services, and Chowchilla Correctional Facility. Dr. Ahrendt is passionate about bridging the wisdom of psychotherapy with the practicality of substance abuse treatment.

Credits: 16 CE hours. The Wright Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. The Wright Institute maintains responsibility for this program and its content.

Cancellation Policy:
If you have paid for a workshop and are unable to attend, please email us at julie@wi.edu with your mailing address and we will mail you a refund check for the full amount paid. Checks will be mailed within 30 days of notification.

Please contact us in advance if you require special accommodations on the day of the event.