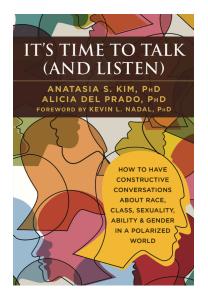
The Wright Institute's DEI Office Presents:



Time to Talk and Listen: Practicing Constructive Conversations about Culture in Supervision, Classrooms and Clinical Work

With Alicia del Prado, PhD and Anatasia Kim, PhD Saturday, February 22, 2020 9:00am – 4:00pm

The Wright Institute Rooms 109/110 2728 Durant Ave., Berkeley, CA 94704

Register: https://www.wi.edu/continuing-education

Fees:

Free for Wright Institute Faculty, Staff, Collaborative and Other Supervisors, Training Directors, and Students (space permitting) WI Alums \$90, Non WI Students \$60, General \$150 CE Credits: 6 CE hours (must be attended in full in order to receive CE credits). The Wright Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. The Wright Institute maintains responsibility for this program and its content.

Workshop Description:

This workshop provides a process for how to approach challenging conversations in a way that promotes openness and facilitates meaningful conversations about differences and change. Join the authors of this book, Anatasia S. Kim, Ph.D. and Alicia del Prado, Ph.D., to learn about the model and explore how the skills might be applied in the classroom and/or in supervision. Attendees will have the opportunity to "try on" the skills through various experiential exercises.

After completing this workshop, participants will be able to:

- Describe the eight steps of the Kim Constructive Conversation Model.
- Identify common missteps and personal barriers to having constructive conversations.
- Apply the application of having constructive conversations when working with students in academic, training, and clinical settings.
- Develop a personal plan for having more constructive conversations with students, trainees, and clients.

You can find their book here:

https://www.newharbinger.com/its-time-talk-and-listen

Instructor Bios:

Alicia del Prado, PhD

Dr. del Prado specializes in multicultural psychology and university mental health. She has taught and provided therapy at many universities including Washington State University, University of California, Berkeley, Santa Clara University, and Sonoma State University. Dr. del Prado conducts therapy from an integrated interpersonal, multicultural, and cognitive-behavioral orientation, and her primary clinical interests include working with women, women of color, and persons of racially mixed heritage. Dr. del Prado also works as a consultant, providing seminars and workshops to programs on enhancing multicultural competency in the work place.

Dr. del Prado is currently Chair of the Women's Issues Committee for the <u>National Council of Schools and Programs of Professional Psychology</u> and is Co-Chair of the <u>Asian American Psychology Association's Division on Filipino Americans</u>.

Anatasia Kim, PhD

Dr. Kim is an Associate Professor at The Wright Institute in Berkeley, CA. She received her B.A. in Psychology from UC Berkeley and her Ph.D. in Clinical Psychology from UCLA. She is a National Ronald McNair Scholar and the recipient of number of awards including American Psychological Association Minority Fellowship, Okura Mental Health Fellowship, and APAGS Guardian of Psychology Award. In addition to graduate teaching, she has a private practice specializing in treating adolescents/young adults with anxiety disorders, depression, and neurocognitive disorders using Cognitive Behavioral Therapy. She also provides consultation to organizations on matters related to diversity, equity, and inclusion. In recent years, she served as President of the Alameda County Psychological Association, Chair of California Psychological Association (CPA) Immigration Task Force, CPA's state Diversity Delegate, and APA Division 31 Diversity Leadership Development Program. Dr. Kim's current projects include high school psychology internship for historically underrepresented students, recruitment and retention of historically underrepresented graduate students, psycho-legal collaborations in serving immigrant communities, and constructive conversations about culture and diversity, www.anatasiakim.com

Commercial Support: The Wright Institute Continuing Education Program does not receive any commercial support for any of our programs.