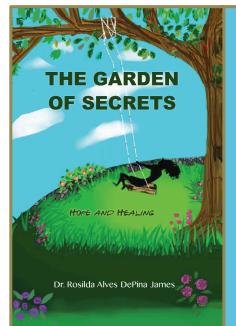


Continuing Education for Psychologists, LMFTs, LCSWs, LEPs, and LPCCs



# Violated By Love: Sexual Trauma in Collectivistic Communities

with Rosilda James, Psy.D Saturday, May 2, 2020 9:00am - 12:00pm Wright Institute 2728 Durant, Berkeley, CA 94704 To Register: www.wi.edu/continuing-education

## Fees:

Free for WI Faculty, Staff, Collaborative & Other Supervisors, Training Directors, Students (Space Permitting), **WI Alums:** \$45, **Non WI Students:** \$30, **General:** \$75



#### **CE Credits:**

3 CE hours. The Wright Institute is approved by the American Psychological Association maintains responsibility for this program and its content.

## Workshop Description:

Confront taboos in collectivistic cultures and shed light into the invisible poison killing the light of life in our children, adolescents and adults. Learn how to assist and witness the healing of the body, mind and spirit of our beautiful survivors. Awaken the "it takes a village" mentality to strengthen community healing. Learn how to use limited resources and time limited therapy.

This presentation will focus on relevant materials for therapists to use in their work with traumatized children, adolescent and adults. Learn new clinical skills, interventions and principles to help clients recover from trauma. Implement multisensory interventions as it applies to traumatized brain. The discussion will cover culturally appropriate conversations and tools to use and how to be simultaneously empathetic and thought-provoking with patients. This presentation is based on over 20 years of clinical expertise as well as relevant literature.

## After completing this workshop, participants will be able to:

- Utilize the societal norms of collective cultures when dealing with trauma.
- Integrate theoretical orientations in dealing with trauma.
- Describe practical tools for restoring and enhancing intimacy.

### Instructor Bio: Rosilda James, Psy.D.



Dr. Rosilda James has dedicated over 20 years to the practice of providing an avenue for healing to survivors of trauma. She has a private practice where she treats adults, couples and families. She has been with Kaiser Permanente since 2001 where she is currently a Hospital-Based Psychiatrict Consultant. Dr. James served as an adjunct professor at The Wright Institute in Berkeley, California from 2010 – 2016. She also specializes in issues of multi-culturalism, acculturation, ethnic/racial identity, and immigration.

Dr. James published "The Garden of Secrets" in March 2018 about sexual abuse in the Cabo Verdean community. She was a speaker on sexual abuse and paths to healing at the 2018 International Women Conference in Providence, RI. She also

provided training for therapists on "Treating Complex Trauma in Collective Communities" (2018). Dr. James was interviewed on a Cabo Verdean television show in Brockton, Massachusetts "SeloErnestina" in June 2018. She was interviewed on the Radio show "Powerful Women Revealed" # 261/2018 on 95.9 WATD FM Plymouth with Nicole Perry about the harm of sexual trauma covering several areas, including physical, spiritual and psychological impacts; parental responsibility; healing; and community responsibility. In addition, she has been a guest speaker on a weekly Saturday morning radio talk show in Brockton, Massachusetts. She presented at Kaiser Permanente, Antioch (2019) on effective treatment for Posttraumatic Stress Disorder. She will be traveling to Cabo Verde (2020) to consult and work with established programs to reduce sexual violence and discuss her book now available in Portuguese.

## **Cancellation Policy:**

The Wright Institute will refund the registration fee amount in full if a request is made in writing no later than 48 hours prior to the workshop date. Following 48 hours prior to the event, no refunds will be made. Please send all requests to <u>julie@wi.edu</u>. In the event that the Wright Institute must cancel due to unknown circumstances, the Wright Institute will refund all registration fees in full.

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