Continuing Education for Psychologists, LMFTs, LCSWs, LEPs, and LPCCs

# Cultural Considerations for Trauma Recovery of Racially and Ethnically Marginalized Survivors

Thema Bryant-Davis, PhD

Saturday, September 25, 2021 10:00am – 11:30am PST

Dr. Bryant-Davis is a candidate for President Elect of the American Psychological Association and we welcome you to stay after the workshop to hear about her vision for APA.

[11:30am-12:00pm Meet & Greet]

Live via Zoom

**Please register by September 22, 2021**: <a href="https://www.wi.edu/continuing-education">https://www.wi.edu/continuing-education</a> (Zoom info will be emailed the day before the event.)

# Free for The Wright Institute Community

Staff, Faculty, Students, Practicum and Internship Training Directors/Supervisors/Post Docs (serving WI Practicum and Internship Trainees)

General Public: \$37.50, Non-WI Students: \$15, Alums: \$22.50

Alumni who have completed or who update their Alumni Survey may attend this WI continuing education program free of charge. If you would like information about how to access your alumni survey please contact Cassandra Dilosa at cdilosa@wi.edu.



### **CE Credits: 1.5 CE Hours**

The Wright Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. The Wright Institute maintains responsibility for this program and its content

## **Workshop Description:**

This presentation will illuminate ways mental health professionals can serve communities who live with the psychological effects of trauma, with special emphasis on the traumas facing racially marginalized students and international students. Insights from liberation psychology, decolonial psychology, Black

psychology, and womanist psychology will be presented. This 90-minute training is for beginner and advanced clinicians, as most training programs have not offered training in addressing the trauma of oppression. The training will encompass both theory and practical application of anti-oppression therapy and programming.

# After completing this workshop, participants will be able to:

- Describe one important approach to assessment with racially and ethnically marginalized students
- Define the societal trauma of oppression and ways to address it.

#### **Course Outline:**

10:00 – 10:20am Risk and Effects of Trauma among Marginalized

• 10:20 – 10:40am Theoretical Frameworks

10:40 – 11:15am Assessment and Interventions

• 11:15 – 11:30am Questions and Answers

[11:30 – 12:00pm Discussion of Dr. Bryant-Davis's APA presidential campaign]

#### **Presenter Bio:**



Dr. Thema Bryant-Davis completed her doctorate in Clinical Psychology at Duke University and her post-doctoral training at Harvard Medical Center's Victims of Violence Program. Upon graduating, she became the Coordinator of the Princeton University SHARE Program, which provides intervention and prevention programming to combat sexual assault, sexual harassment, and harassment based on sexual orientation. She is currently a tenured professor of psychology in the Graduate School of Education and Psychology at Pepperdine University, where she directs the Culture and Trauma Research Laboratory. Her clinical and research interests center on interpersonal trauma and the societal trauma of oppression. She is a past president of the Society for the Psychology of Women and a past APA representative to the United Nations. Dr. Thema also served on the APA Committee on International Relations in Psychology and the Committee on Women in Psychology. The American Psychological Association

honored her for Distinguished Early Career Contributions to Psychology in the Public Interest in 2013. The Institute of Violence, Abuse and Trauma honored her with their media award for the film Psychology of Human Trafficking in 2016 and the Institute honored her with the Donald Fridley Memorial Award for excellence in mentoring in the field of trauma in 2018. The California Psychological Association honored her for Distinguished Scientific Achievement in Psychology in 2015. She is the editor of the APA text Multicultural Feminist Therapy: Heling Adolescent Girls of Color to Thrive. She is one of the foundational scholars on the topic of the trauma of racism and in 2020, she gave an invited keynote address on the topic at APA. In 2020, the International Division of APA honored her for her International Contributions to the Study of Gender and Women for her work in Africa and the Diaspora. Dr. Thema has raised public awareness regarding mental health by extending the reach of psychology beyond the academy and private therapy office through community programming and media engagement, including but not limited to Headline News, National Public Radio, and CNN.