



California Institute for Behavioral Health Solutions
GBA Collaborative | The Wright Institute

Internship Coordinators' Workshop:

It's Time to Talk (and Listen)

How to Have Constructive Conversations about Race, Class, Sexuality, Ability & Gender in a Polarized World

Friday, November 15th, 2019

The Wright Institute—1000 Dwight Way, Berkeley, CA 94710
*free parking available in the Wright Institute parking lot, and ample street parking nearby



the Collaborative
The Greater Bay Area Mental Health & Education
Workforce Collaborative

Time

9:00 am —9:30 am

9:30 am—10:45 am

10:45 am—11:00 am

11:00 am—12:15 pm

12:15 pm—1:30 pm

Description

Breakfast and Registration

Presentation: Introducing the "Time to Talk and Listen" model and its application to field supervision

Break

Vignette practice and discussion

Lunch and Networking

Summary of the training:

This workshop provides a process for how to approach challenging conversations in a way that promotes openness and facilitates meaningful conversations about differences and change. Join the authors of this book, Anatasia S. Kim, Pd.D. and Alicia del Prado, Ph.D., to learn about the model and explore how the skills might be applied to clinical practicum placements. In addition to learning about the model, attendees will be able to practice how to apply the skills to typical difficult conversations (e.g. various microaggressions), which can occur in the placement or practicum class.

You can find their book here:

<https://www.newharbinger.com/its-time-talk-and-listen>

To RSVP: Click [HERE](#) or copy/paste this link:

<https://www.eventbrite.com/e/internship-coordinators-workshop-its-time-to-talk-and-listen-tickets-72446877561>

Who should attend?

The intended audience for this workshop is individuals who work in placements and at universities and professional schools supervising interns/trainees/ associates in practicum placements.

Presenters:

Anatasia S. Kim, PhD
Alicia Del Prado, PhD

Amy Faulstich
Senior Associate, CIBHS
916-926-8815
afaulstich@cibhs.org

California Institute for Behavioral Health Solutions (CIBHS)

2125 19th Street , 2nd Floor ♦ Sacramento, CA ♦ 95818
Ph: (916) 556-3480 ♦ Fax: (916) 556-3483 ♦ www.cibhs.org

At the end of the workshop participants will be able to:

- Describe the eight steps of having a constructive conversation.
- Utilize the eight steps of having a constructive conversation in learning groups.
- Apply the eight steps of having a constructive conversation when addressing microaggressions in the community, at home, or on the job.
- Practice the application of having constructive conversations when working with students in clinical training.

**FREE
CE**

Continuing Education for Psychologists, LMFTs, LCSWs, LEPs, and LPCCs

2.75 CE Hours. The Wright Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. The Wright Institute maintains responsibility for this program and its content.



CALIFORNIA LMFTS, LCSWS, LEPs, & LPCCs: State of California Board of Behavioral Sciences (BBS) accepts courses completed from the American Psychological Association (APA). This course is accepted for continuing education credit by the California Board of Behavioral Sciences BBS.

For questions regarding the CE Hours, please email Julie Thiesen at julie@wi.edu

INSTRUCTOR BIOS:

Alicia del Prado, PhD

Dr. del Prado specializes in multicultural psychology and university mental health. She has taught and provided therapy at many universities including Washington State University, University of California, Berkeley, Santa Clara University, and Sonoma State University. Dr. del Prado conducts therapy from an integrated interpersonal, multicultural, and cognitive-behavioral orientation, and her primary clinical interests include working with women, women of color, and persons of racially mixed heritage. Dr. del Prado also works as a consultant, providing seminars and workshops to programs on enhancing multicultural competency in the work place.

Dr. del Prado is currently Chair of the Women's Issues Committee for the National Council of Schools and Programs of Professional Psychology and is Co-Chair of the Asian American Psychology Association's Division on Filipino Americans.

Anatasia Kim, PhD

Dr. Kim is a cognitive-behavioral therapist whose primary areas of interest are child/adolescent development and minority mental health. Her clinical training and experience have involved working in multiple therapeutic contexts, the use of multidisciplinary resources and efforts, and the management of a diversity of mental health concerns. She has worked with children/adolescents and their families in the contexts of schools, day-treatment programs, hospitals, probation programs, foster care, residential care, social and protective services, home-based services, outpatient clinics, and private practice.

Dr. Kim serves on a number of professional organizations including: Chair of the California Psychological Association (CPA) Immigration Task Force; Governmental Affairs Committee Chair and President-Elect for Alameda County Psychological Association; CPA Governmental Affairs Steering Committee; CPA Diversity Delegate; Berkeley Alliance Board; and the Ethnic Health Institute Board.