



THE WRIGHT INSTITUTE

EDUCATING CLINICIANS TO SOCIETY

Continuing Education
for Psychologists, LMFTs, LCSWs, LEPs, and LPCCs

PSYCHOTHERAPY RELATIONSHIPS & RESPONSIVENESS THAT WORK: EVIDENCE-BASED PRACTICES



JOHN C. NORCROSS, PHD, ABPP

SATURDAY, APRIL 25, 2020

10:20AM – 12:00PM PST

VIA ZOOM

PLEASE REGISTER BY: APRIL 22, 2020

https://www.surveymonkey.com/r/WICE_Norcross

Free for The Wright Institute Community

Staff, Faculty, Students, Alums, Local Practicum and Internship Supervisors

CE Credits:



1.5 CE hours. The Wright Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. The Wright Institute maintains responsibility for this program and its content.

Workshop Description:

Clinical experience and controlled research consistently demonstrate that the therapy relationship and patient fit account for more outcome than the particular treatment method. This presentation will review the meta-analytic research and clinical practices compiled by an interdivisional APA task force on (1) effective elements of the therapy relationship, (2) effective methods of adapting that relationship to the individual patient, and (3) discredited relationship behaviors.

Please contact us in advance if you require special accommodations on the day of the event.

After completing this workshop, participants will be able to:

- Identify at least 3 therapist relational behaviors that improve the effectiveness of psychotherapy
- Describe 3 personalizing/individualizing methods to patient transdiagnostic characteristics that enhance treatment outcomes
- Detect the use of discredited relationship behaviors that contribute to dropout and failure

Instructor Bio:

John C. Norcross, Ph.D., ABPP



An internationally recognized expert on psychotherapy, John C. Norcross, Ph.D., ABPP, is Distinguished Professor of Psychology at the University of Scranton, Adjunct Professor of Psychiatry at SUNY Upstate Medical University, and a board-certified clinical psychologist. Author of more than 400 scholarly publications, Dr. Norcross has co-written or edited 22 books, including the 5-volume APA Handbook of Clinical Psychology, Psychotherapy Relationships that Work, Handbook of Psychotherapy Integration, Leaving It at the Office: Psychotherapist Self-Care, the Insider's Guide to Graduate Programs in Clinical & Counseling Psychology, and Systems of Psychotherapy: A Transtheoretical Analysis, now in its 9th edition. He also published the acclaimed self-help books,

Changeology and Changing for Good (with Prochaska & DiClemente). Dr. Norcross has been elected president of the American Psychological Association (APA) Division of Clinical Psychology, the APA Division of Psychotherapy, the International Society of Clinical Psychology, and the Society for the Exploration of Psychotherapy Integration. He has served on the Board of Directors of the National Register of Health Service Psychologists as well as on APA's governing Council of Representatives. Dr. Norcross edited the Journal of Clinical Psychology: In Session for a decade and has been on the editorial boards of a dozen journals. A Fellow of 10 professional associations, he has been honored with APA's Distinguished Career Contributions to Education & Training Award, the Pennsylvania Professor of the Year from the Carnegie Foundation, the Rosalee Weiss Award from the American Psychological Foundation, and election to the National Academies of Practice. An engaging teacher and clinician, John has conducted workshops and lectures in 40 countries.