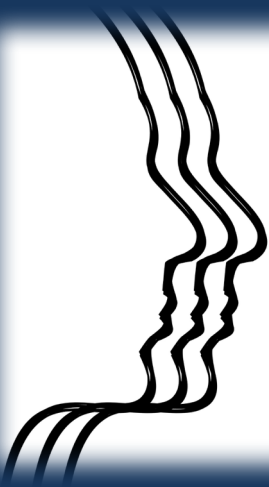


The Wright Institute Presents:



LEAP: A Developmentally Informed Family Treatment for "Failure to Launch" Young Adults

Course Level: Intermediate

Saturday, March 11th, 2017

9:00am-12:00pm

Fees: for Wright Institute Faculty/Staff/ Collaborative and Other Supervisors Supervising WI Students/Training Directors)

WI Alums: \$45

Non WI Students: \$30

General: \$75

Instructor: Ali M. Mattu, PhD

Location: The Wright Institute, Rooms 109/110
2728 Durant Ave., Berkeley, CA 94704

To Register: www.wi.edu/continuing-education

Contact: Wright Institute Continuing Education
Email: Julie@wi.edu Phone: 510.841.9230 x115

Credits: 3 CE hours. The Wright Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. The Wright Institute maintains responsibility for this program and its content.

Workshop Description:

While biology has long defined the start of adolescence, the transition between adolescence and adulthood is determined by culture.

Within many industrialized nations, a cultural shift is occurring in how individuals function during this transition resulting in a new category of development called emerging adulthood. This presentation will focus on the unique mental health needs of emerging young adults.

An overview of common psychological disorders among young adults will be provided. Additionally, the role of families and schools will be discussed.

Finally, a new family based developmentally informed treatment will be overviewed.

Please contact us in advance if you require special accommodations on the day of the event.

The Wright Institute Presents:

Instructor Bio:



Dr. Ali Mattu is a clinical psychologist who specializes in the treatment of anxiety and body-focused repetitive behaviors (trichotillomania/hair-pulling disorder and excoriation/skin-picking disorder).

He aspires to bring psychology to everyone, everywhere by hosting THE PSYCH SHOW, writing about the psychology of science fiction at Brain Knows Better, presenting to the public, and advocating for the brain and behavior sciences through the American Psychological Association.

Dr. Mattu is an assistant professor at the Columbia University Medical Center. He received his B.A. from the University of California, Los Angeles where he majored in psychology and minored in Asian American studies. Dr. Mattu received his Ph.D. in clinical psychology from The Catholic University of America in Washington, D.C. He completed a doctoral internship at the Bellevue Hospital Center and a post-doctoral fellowship at the NYU Langone Medical Center's Child Study Center.

Dr. Mattu is known as a “forward thinker” in the field of psychology and was named one of The Mighty’s mental health heroes of 2015.

After attending this workshop participants will be able to:

- Describe the developmental transition from adolescence to adulthood.
- Recognize the new developmental category of emerging adulthood.
- Identify the unique mental health needs of emerging young adults.
- Apply the “LEAP” family based developmentally informed treatment of emerging adults.

Cancellation Policy:

If you have paid for a workshop and are unable to attend, please email us at julie@wi.edu with your mailing address and we will mail you a refund check for the full amount paid. Checks will be mailed within 30 days of notification.

Please contact us in advance if you require special accommodations on the day of the event.