

The Wright Institute and ACPA Present:



What Clinicians Need to Know: Being Prepared for a Local Disaster

Course Level: Introductory

Saturday, May 12, 2018

9:00AM-4:00PM

Fees: Free for Wright Institute Faculty/Staff/
Collaborative and Other Supervisors Supervising WI Students/Training Directors/Students (space permitting)

WI Alums: \$90

Non WI Students: \$60

General: \$150

ACPA: \$90

Instructor: Dana Nussbaum, Ph.D. & Jacque Ladrech, MFT

Location: The Wright Institute
Rooms 109/110
2728 Durant Ave., Berkeley, CA 94704

To Register: www.wi.edu/continuing-education

Contact: Wright Institute Continuing Education
Email: Julie@wi.edu Phone: 510.841.9230

Credits: 6 CE hours. The Wright Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. The Wright Institute maintains responsibility for this program and its content.

Workshop Description:

California has experienced several disasters in the last year. The impact on a clinician's livelihood and well-being can be devastating, yet few of us have taken the steps needed to prepare for such an event. Without preparation, a clinician may have great personal and professional risk and be unable to assist others impacted by the disaster. Disasters can leave us so vulnerable and feeling completely unprepared to manage our way through it.

This workshop teaches clinicians what they need to do to mitigate a disaster's impact on their personal and professional lives and how to be more effective during and following a disaster. Clinicians will learn how they may be impacted by a disaster and begin outlining a disaster plan. Clinicians will have an opportunity to think through how they might respond to a variety of disaster scenarios. The more prepared we are, the more able we will be to assist others who need our help, including our families, clients and neighbors.

Please contact us in advance if you require special accommodations on the day of the event.

The Wright Institute and ACPA Present:

Instructor Bio:



Dr. Dana Nussbaum has a private practice in Marin County, where the majority of her clients are first responders and people recovering from trauma-induced psychological injuries or stress. A Specialty Provider for Cal Fire and the San Francisco Police Department, Dana volunteers on the North Bay Critical Incident Stress Management (CISM) and Red Cross Disaster Mental Health (DMH) Teams. Dana deploys locally and nationally to disasters and teaches Psychological First Aid (PFA) to lay audiences and DMH Fundamentals to licensed clinicians. She instructs First Responder Psychology Intervention at the Wright Institute in Berkeley and is the Disaster Network Chair for the Napa-Solano Psychological Association.

Instructor Bio:



Jacqueline Ladrech, MS, MFT has been in private practice in Corte Madera, CA since 1984. She has been working in the field of Disaster Mental Health since the floods and mudslides in West Marin in 1983 where she was an intern with Community Mental Health. Over the years since she has responded to many major disasters in Northern California, and to Florida after Hurricane Wilma. She is a provider for the San Francisco Police Department, and responds to disasters through the Red Cross and the County of

Marin. She was a founding member of Marin CAMFT's Trauma response Team in 1990 after Loma Prieta and chaired that team for 21 years. She also participated on the CAMFT disaster response committee for 15 years and was a CAMFT representative on the California Disaster Mental Health Coalition for 10 years.

After attending this workshop participants will be able to:

1. Summarize the stages of, and types of, disasters and how people are impacted by disasters
2. Describe the ways that a disaster can impact you professionally and personally
3. Take initial steps towards developing a professional disaster plan
4. Discuss ethical considerations related to the therapeutic response during disasters
5. Recognize the differences between Disaster Mental Health and everyday therapy
6. Apply the principles presented in a local disaster scenario

Cancellation Policy: If you have paid for a workshop and are unable to attend, please email us at julie@wi.edu with your mailing address and we will mail you a refund check for the full amount paid. Checks will be mailed within 30 days of notification.

Please contact us in advance if you require special accommodations on the day of the event.