

## **Using the Control-Mastery Theory of Patient Plan Formulation**

**Presenters:** Alan Rappoport, PhD, MS & Norman Sohn, PhD, LCSW, BCD

**Wednesdays:** Nov 16, Nov 30, Dec 7, Dec 14

**Time:** 9-10am

*Course Level: Intermediate/Advanced*

**SFPRG Members: \$95**  
**Non-Members: \$150**  
**WI Faculty/Staff: \$120**  
**Students: \$30**

**Location:** SFPRG, 9 Funston Ave., The Presidio, San Francisco, CA 94129

**To Register:** <http://sfprg.org/continuing-education/>

**Contact:** Phone: 415-561-6771; Email: [sfprg@sfprg.org](mailto:sfprg@sfprg.org)

Please contact us if you need to cancel your registration.

### **Workshop Description:**

**Purpose:** Teaching participants how to develop a Plan Formulation of a therapy case based on Control Mastery Theory

**Course Description:** Recorded therapy sessions and patient history and other interactions with the therapist will be used to develop a plan formulation specific to the needs of a patient. The presenters will also use didactic material and group discussion.

### **After attending this workshop, participants will be able to:**

- a. Assess how patients' history and interaction with the therapist are important in formulating patients' plans for treatment.
- b. Utilize this information in creating a treatment plan.
- c. Discuss how Control Mastery Theory uses information to help patients.
- d. Predict how patients reveal their plans for treatment.

### **Presenter Bio:**

Dr. Rappoport's primary professional activity is the practice of psychotherapy. His main practice is located in Redwood City, CA, and he also has an office in San Francisco. He is a member of the San Francisco Psychotherapy Research Group (SFPRG, the Control-Mastery professional group), and has been studying Control-Mastery Theory for approximately 25 years.

In addition to doing psychotherapy, he also writes and teaches. He has written several articles on Control-Mastery Theory and an article on the difficulties that people develop as a result of having had narcissistic parents. He has given numerous presentations on Control-Mastery Theory at professional conferences and has taught many classes and workshops on this subject. He has led case conferences for professional psychotherapists for years and has also taught classes for psychotherapy interns at the SFPRG clinic, while further giving many workshops and seminars for the SFPRG.

**Credits:** 4 CE hours. The Wright Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. The Wright Institute maintains responsibility for this program and its content.

*Please contact us in advanced if you require special accommodations.*