Hidden Wounds: Understanding, Assessing and Treating the Psychological Impact of Learning and Attention Disorders

Saturday, April 30, 2016
9:00AM-1:00PM

**Course Level**: Advanced

**Instructor**: Alan Siegel, PhD

**Location**: International House at UC Berkeley
2299 Piedmont Ave.
The Ida and Robert Sproul Rooms
Berkeley, CA 94702

**To Register**: [www.wi.edu/continuing-education](http://www.wi.edu/continuing-education)

**Contact**: Wright Institute Continuing Education
**Email**: Julie@wi.edu **Phone**: 510.841.9230 x114

---

**Workshop Description**:

The psychological impact of LD, ADHD and social communication disorders is often underestimated in treatment planning and may be a significant factor in psychological disorders and family conflicts.

Early and comprehensive assessment may enhance psychological treatment and ameliorate or prevent more severe and common comorbid disorders such as depression, anxiety, or acting out disorders as well as academic underperformance.

Psychotherapists can enhance their ability to assess and treat these issues and to understand crucial strategies and resources to access accommodations (including IEP or 504 Plan), form an effective and evolving treatment team and address legal and cultural issues and barriers, and to clarify misconceptions and controversies about diagnosis, medication, and psychological treatments. A bibliography and extensive resource list will be provided.

Please contact us in advance if you require special accommodations on the day of the event.
After attending this workshop, participants will be able to:

1) Analyze the enduring psychological impact of learning and attention disorders on children, young adults, families and parents.
2) Explain the benefits of early and comprehensive assessment to improve diagnosis, better account for the interactions with comorbid disorders (depression, anxiety, OCD, etc.) and enhance the prioritization of treatment and advocacy strategies.
3) Utilize assessment tools and treatment strategies that expand the repertoire and effectiveness of psychotherapists working with children who may have LD, ADHD, developmental or communication disorders.
4) Discuss the legal, cross-cultural, family systems and parenting dimensions of learning, attention and social communication disorders.
5) Describe crucial resources for treating learning and attention and psychological disorders, including: knowledge of legal support through the IEP, 504 and accommodations process, using assistive technology and online resources, advocacy, and a multidimensional team approach to treatment.

Instructor Bio:

Alan Siegel, Ph.D. is a licensed psychologist in Berkeley and San Francisco and an Associate Clinical Professor at UC Berkeley, where he supervises graduate students. Dr. Siegel has provided comprehensive assessment and training and directed training programs for mental health professionals for 35 years in a variety of settings. He was the supervising psychologist at the CPMC Child Development Center and Training Director at Berkeley Mental Health. He has evaluated children and adults from more than one hundred schools, colleges, and graduate schools and specializes in comprehensive evaluation and treatment planning for children and adults with learning, attention, social communication and psychological disorders. He is interested in the psychological impact of LD, ADHD and empowering parents and schools to mobilize resources to assess and treat the complex needs of individuals who are affected.

Credits: 4 CE hours. The Wright Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. The Wright Institute maintains responsibility for this program and its content.

Cancellation Policy: If you have paid for a workshop and are unable to attend, please email us at julie@wi.edu with your mailing address and we will mail you a refund check for the full amount paid. Checks will be mailed within 30 days of notification.

Please contact us in advance if you require special accommodations on the day of the event.