

Supporting the Development of Latino@ Psychologists: Reflections from Faculty, Training Programs, Supervisors, and Students

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Discussion Questions:

Share a little about your journey as a Latin@ psychologist or developing psychologist.

What were/are some challenges you face(d) as a developing Latin@ Psychologist?

What were/are some specific spaces where you access(ed) support?

What are some common questions that come up in clinical training as a developing Latin@ psychologist or supervisor?

What do you think is important to offer in terms of support for upcoming developing Latin@ psychologists?

In 2011, there were nearly 52 million Latinos living in the United States, accounting for 17% of the U.S. population (Motel & Patton, 2011). According to The National Center for Education Statistics (NCES, 2012), in the year 2011, there were 100,893 bachelor's degrees awarded, 25,051 master's degrees, and 5,851 doctoral degrees in the field of psychology. Only 12% of bachelor's degrees, 9% of master's degrees and 6% of doctoral degrees in psychology were awarded to Latinos. Ortiz Hendricks, Mason, & Valoy (2008) indicate that in addition to the low rates of Latino/a service providers, there is also a great need for Spanish speaking clinicians who are knowledgeable and experienced in working with Latino families. In 2002, the American Psychological Association established multiculturalism as an integral and driving force in the field through adoption of the Multicultural Guidelines. These APA guidelines were designed to aid psychologists in increasing their knowledge and skills in multicultural education, training, research, practice and organizational change. The current recruitment and support of the development of Latino/a clinical psychologists is critical to meeting the needs of the diverse Latino populations we serve. This roundtable presentation will explore the innovative and diverse ways that doctoral and training programs are providing support to the development of Latino/a clinical psychologists. Participants will discuss how programs can support student clinicians in professional development by creating more diverse training experiences and by offering mentoring opportunities. Presenters from diverse perspectives will seek to facilitate a discussion on how doctoral and training programs can develop a more informed, focused approach to supporting Latino/a clinicians that addresses the need for more Latino/a clinical psychologists who are able to provide services to the growing underserved Latino population in the United States. Presenters will offer diverse viewpoints representing The Wright Institute, an APA accredited Psy.D. program in Berkeley, California, Citrus Health Network, Inc. an APA accredited internship training program in Hialeah, Florida, working with adult and child populations, and University of Miami, Miller School of Medicine/Jackson Memorial Hospital in Miami, Florida, which offers postdoctoral training in health psychology. The roundtable will also include a discussion of common training issues that arise when the Latino/a student clinician works with diverse Latino populations and thoughts about how to support and address these challenges in supervision.

Keywords: Training, Graduate Students, Clinical Psychology, Latino/a Populations

Learning Objectives:

- Participants will gain an understanding of some of the challenges facing Latino/a clinical psychologists in training.
- Participants will learn about innovative approaches used by doctoral and training programs, informed by the APA Multicultural Guidelines, to support developing Latino/a clinicians.
- Participants will learn about some of the specific themes and challenges that often occur in training with Latino/a student clinicians who are working with Latino populations.