



# Integrated Health Psychology Partnerships

Helping community healthcare organizations deliver affordable, accessible culturally responsive services while developing a highly skilled behavioral health workforce pipeline.

The Wright Institute's Integrated Health Psychology Training Program (IHPTP) provides consultation, support, training and clinical services to community health organizations while preparing a behavioral health workforce to meet the needs of complex population-based care.



Organization-Focused Assessment



Metric-Driven Services Implementation Support



Workforce Training & Development



Sustainable Workflow Billing & Treatment Process Implementation



Improvement Science and Quality Improvement

## Workforce Development and Service Delivery

Since 2006, the Wright Institute's the Integrated Health Psychology Training Program (IHPTP) has been partnering with community health organizations in the San Francisco Bay Area to provide high quality accessible patient-centered, culturally responsive integrated services in order to promote better health and mental health outcomes while addressing the workforce development need to train health service psychologists to work in primary care and other medical settings and address the needs of populations facing the most health disparities.

IHPTP is a clinical service and training program affiliated with the Wright Institute, an American Psychological Association (APA) accredited psychology program located in Berkeley, CA and is **comprised of a team of health psychologists, an APA-accredited internship, post-doctoral residency, masters and practicum-level training programs.**

With a focus on clinical research, education, cultural competency and quality services, IHPTP has a track record of creating a highly qualified workforce pipeline while providing much-needed frontline support and training to medical providers. Our comprehensive centralized multi-level training program provides

- Onsite timely behavioral health service delivery
- Increased weekly availability and access to services
- Amplified support to the medical team

Healthy Minds, Bodies and Communities





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Clinical opportunities in Primary Care and other medical settings allow psychology trainees to develop and hone important skills needed to excel and contribute to the community medical setting:

- ✓ Clinical Intervention in primary care
- ✓ Collaboration with an Interdisciplinary Medical Team
- ✓ Focused Competency Training Opportunities in Behavioral Medicine, Neuropsychological Assessment and screening, Chronic Pain, Trauma Informed Care, Specialty Access Clinics (HIV and LGBTQ Health) and Pediatrics
- ✓ Multicultural Diversity Training to meet the needs of every individual
- ✓ Leadership and administration (supervising, managing referrals, site administration)

## **Our Record**

- 14 years of Experience
- 117+ Program Completers
- Highly Sought APA-Accredited Internship
- Academic & Research Focus

## Integrated Behavioral Health Clinical Services

In addition to workforce development, IHPTP helps community health organizations develop services that matter and deliver services aimed at addressing the complex biopsychosocial needs of each patient. Our services are adaptable and designed to meet your organization's needs. We can help your program develop workflow designs, metric-driven quality improvement processes and clinical assessment and treatment algorithms that connect patients to meaningful, person-centered appropriate levels of care that meets timely access needs.

Our services enhance clinician effectiveness, patient engagement, utilization and effective triage with connection to appropriate levels of treatment and are designed to provide direct-access service delivery to complex, vulnerable and often marginalized populations including those dealing with systemic racism and disparities, poverty, homelessness, addiction, trauma, mental health challenges, chronic health issues, obesity, cognitive health decline or injury, HIV/AIDS, Gender Identity issues, and Transition Re-entry.

## **Types of Clinical Services Offered**

- Assessment and Screening
- Triage/Workflow Development
- Psychoeducation
- Brief Evidence-Based Intervention and Health Coaching
- Connection to Care Networks
- Support Groups
- Neurocognitive Assessment, Screenings Adult ADHD

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## Consultation Services – Needs Assessment, Service Delivery, Quality Improvement

With over a decade of expertise in quality and culturally responsive behavioral health integration, **IHPTP can offer step-by-step solutions to help your health care organization successfully implement an effective and affordable integrated model of care to reach many complex populations.** Our services are adaptable to fit your organization's needs.

IHPTP recognizes that multiple challenges arise in developing an integrated care model. The steep needs of patient populations, time limitations, and cost considerations all contribute to the importance of timely, efficient, engaged interactions and team-based approaches to patient care.

IHPTP can support your organization with design-thinking and systems-focused solutions, workflow design, workforce development, referral and population-focused treatment pathways, evidence-based treatment algorithms and protocols, practical metric-driven improvement solutions, electronic medical system design, and development of billing processes and sustainability.

IHPTP begins with a Needs assessment approach identifying key areas and challenges systems face as they implement an integrated behavioral health system of care:

- Exploring System-Wide Behavioral Health Integration
- Meeting Unmet Behavioral Health Needs
- Increasing Behavioral Health Utilization
- Addressing Physician Well-Being, Effectiveness and Access to Support
- Building a Scalable Model of Behavioral Health Integration
- Creating a Seamless Model of Quality and Compassionate Care
- Improving Clinical Outcomes – Health and Behavioral Health
- Anchoring Academic BH Training and Workforce Development
- Developing a Sustainable and Revenue-Generating Payment Model

IHPTP applies strategies specific to the integrated, primary care setting to build a comprehensive system of care while preparing a future workforce of psychologists to address the needs of populations with the greatest health disparities in primary care. These strategies have been honed and adapted to alleviate barriers to access to care and serve members of socio-culturally diverse under-resourced communities that may not otherwise have opportunities for psychological care. Utilizing metric-driven quality improvement processes and clinical assessment and treatment algorithms, patients can be connected to accessible, person-centered appropriate levels of care.

- Increase Behavioral Health Utilization
- Symptom Tracking and Management
- EMR Integration and Communication

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# Integrated Health Psychology Partnerships

- Referral Management and Tracking
- Care Team Collaboration & Support
- Addressing Digital Disparities
- Creating Person-Centered Care



Person-Centered  
Design



Metric-Driven  
Change



Treatment  
Pathways



Workforce  
Development



Billing &  
Sustainability

IHPTP can complement and bridge existing approaches to your organization's evolving virtual platforms and onsite services. High touch in clinic enhances clinician effectiveness, person-centered engagement, triage, connection to appropriate treatment pathways, improved care team communication and collaboration and continuity of care such as symptom tracking, EMR integration, and bridging the two complementary services.

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