



# The Wright Institute - Integrated Health Psychology Training Program IHPTP

## Doctoral Internship Program - exclusively affiliated, APA-Accredited

September 2025 to August 2026 (one-year full-time, 2000 hours)

### Description

Since 2004, the Integrated Health Psychology Training Program (IHPTP) has provided clinical psychology training experience in primary care serving low-income, underserved diverse patient populations struggling with multiple health and mental health issues. IHPTP is an APA-Accredited exclusively affiliated internship program of the Wright Institute in collaboration with community health organizations in the San Francisco Bay area.

### Partnering Health Centers (Contra Costa County) – Primary Care sites

#### Contra Costa Health Family Medicine Residency (CCHFMR)

<https://www.cchealth.org/about-contra-costa-health/work-with-cch/family-medicine-residency-program>

- Martinez Health Center 2500 Alhambra Avenue, Martinez CA 94553
- Pittsburg Health Center 2311 Loveridge Rd, Pittsburg CA 94565

#### Lifelong Medical Care <https://lifelongmedical.org>

- William Jenkins Health Center 150 Harbour Way, Richmond CA 94801
- Pinole Health Center 806 San Pablo Ave Ste 1, Pinole CA 94564
- Rodeo Health Center 25 California Street Rodeo CA 94572

#### John Muir Health <https://www.johnmuirhealth.com/for-physicians/family-medicine-residency.html>

- John Muir Family Medicine 1450 Treat Blvd., Walnut Creek, CA 94597

### Mission

IHPTP is committed to developing and training a culturally responsive behavioral health workforce; developing an integrated care workforce while providing high quality patient-centered integrated services to promote better health and mental health outcomes. We support workforce development through training health service psychologists to work in primary care and other medical settings and address the needs of populations with the most health disparities.

### Training Goals

Goals of the Internship Program include the acquisition of competencies in preparation for practice in health service psychology (HSP) as set forth by the Commission on Accreditation Profession-Wide Competencies:

Integration & Application of Science & Practice	Ethical & Legal Standards	Individual & Cultural Diversity	Professional Communication & Interpersonal Skills
Assessment & Screening	Treatment Planning & Intervention	Supervision	Consultation & Interprofessional Interdisciplinary Skills

Training and practical application of the program's stated training goals spans from orientation and continues throughout the year within the yearlong seminars; weekly individual and group supervision, case conferencing,

live supervision, and daily clinical experiences obtained in the program's integrated primary care setting. The training program is structured so that it is sequential, cumulative and increases in complexity and breadth over time.

### **Clinical Training**

IHPTP trainees and supervisory staff work in participating health centers providing integrated behavioral health services for an underserved, diverse adult patient population to deliver fully integrated, patient-centered care. Services include:

- **Exam-room warm handoffs** (brief functional assessments, screenings, brief interventions and referrals)
- **Brief** (up to eight sessions) **evidence-based individual intervention adapted to primary care**
- **Evidence-based Group Intervention available at some sites** (i.e. Chronic Pain, Anxiety)
- **Specialty Clinics** (Prenatal health, Adult ADHD, Autism Evaluations, Gender Affirming Health etc)

### **Program Training Seminars**

#### **Monday Seminar Series (rotating training modules throughout the year)**

- Psychopharmacology– Basics of psychopharmacology and affective neuroscience
- Behavioral Neuroscience of Pain, Opiate Use Disorders and Substance Use Disorders
- Trauma Informed Care – Biological Bases and Neurobehavioral Impacts of Trauma and Early Adversity
- Aging Well – Life Span Health Perspective on Cognitive and Emotional Wellness

**Thursday Seminar Series** Interns will learn skills and interventions for providing culturally responsive care in primary care to patients from diverse cultural backgrounds, underserved and marginalized communities who are most impacted by social determinants of health (SDOH).

**Friday (2<sup>nd</sup> each month) Diversity & Multicultural Dialogue Series** Interns will learn skills and interventions for providing culturally sensitive care to patients from diverse cultural backgrounds, underserved and marginalized communities.

**Supervision Seminar Series** Seminars will cover key domains of supervision including legal and ethics overview, key supervision competencies, guidelines, relationships, professionalism, diversity, evaluation and feedback. Experiential activities will be included.

### **Supervision**

Interns are supervised by IHPTP training faculty and partnering clinical faculty in the application of skills and knowledge acquired in the orientation, weekly seminars and clinical onsite experiences. Supervision includes 4 hours weekly of individual and group supervision.

### **Example of Weekly Schedule**

- 8 hrs primary care consults with medical provider in exam rooms
- 12 hrs individual intervention
- 4 hrs specialty clinics (ie Prenatal Health, Gender Health, Adult ADHD and Geriatric)
- 2 hrs group intervention
- 4 hrs individual and group supervision (primary and delegated) includes live supervision
- 6 hrs training seminars
- 4 hrs Research / Preparation / Administrative / Patient Outreach

### **Stipend and Benefits**

Stipend is \$28,352 and \$2,400 to be used towards health insurance premiums. In addition to the federal holidays, interns receive 10 days of personal time-off for the year. Interns are provided \$1,850 towards attendance at 1 professional conference which includes travel -related costs.

Intern stipends and benefits are funded by HRSA Graduated Psychology Education (GPE) grant program <https://www.hrsa.gov/grants/find-funding/HRSA-22-043>

### **Applicants**

IHPTP is a 12-month, full-time APA-accredited exclusively-affiliated doctoral internship site and a member of the Association of Psychology Postdoctoral and Internship Centers, APPIC. Please refer to APPIC website <http://appic.org/> for instructions to apply. Note: only applicants from the Wright Institute will be considered. Please know that we take several factors into consideration when assigning interns to sites once they are matched with IHPTP and will do our best to match you with your top clinic preferences however we are not able to guarantee your top choices.

IHPTP is specifically looking for highly motivated, self-aware clinicians who are eager to work with a diverse community with complex medical and psychological needs. We seek applicants who have strong basic skills in standard assessment, brief intervention and group therapy skills in addition to the personal characteristics necessary to function in the internship. Applicants from diverse backgrounds and identities are encouraged to apply. Our selection criteria are based on goodness-of-fit with our practitioner-scholar model. We look for intern applicants whose training goals match sufficiently the training IHPTP provides. If you do not meet the minimum assessment and/or intervention hours (listed in the APPIC directory and admissions data below) we encourage you to apply anyways, or you can reach out to the program director to see if you would be a good fit as a potential applicant. Since IHPTP places interns in a medical setting, there are several guidelines to know about when considering a position at IHPTP:

- Interns must be fully immunized (including all COVID-19 doses and boosters)
- Interns will be required to submit health screening / drug screening / background checks prior to start date. Interns are responsible for all costs related to the required screenings, immunization and background checks. Masks (surgical or N95) may be required while onsite in health centers.
- Professional attire is required. Clinics may require that tattoos remain covered. Excessive Jewelry, body piercing and adornments may not be acceptable.

**Contact Temre Uzuncan, PsyD Director at [tuzuncan@wi.edu](mailto:tuzuncan@wi.edu) 925 899-9038**

**Internship Admissions, Support and Initial Placement Data** Information about Internship Admissions, Support and Initial Placement Data, can be found on our website <https://www.wi.edu/training-ihptp - internship> at the bottom of the Internship Section.

*Questions related to the program's accredited status should be directed to the Commission on Accreditation: Office of Program Consultation and Accreditation American Psychological Association Phone: (202) 336-5979 Email: [apaaccred@apa.org](mailto:apaaccred@apa.org) Web: [www.apa.org/ed/accreditation](http://www.apa.org/ed/accreditation)*