**KATE WHITE**

Kate White is a training therapist, supervisor and teacher at The John Bowlby Centre and Centre for Attachment-based Psychoanalytic Psychotherapy, (CAPP) London UK. Formerly a senior lecturer at South Bank University, London, in the Department of Nursing and Community Health Studies, she has used her extensive experience in adult education to contribute to the innovative psychotherapy curriculum developed at CAPP.

In addition to working as an individual psychotherapist, Kate writes about psychotherapy education and runs workshops on the themes of attachment and trauma in clinical practice. Informed by her experience of growing up in South Africa, she has long been interested in the impact of race and culture on theory and on clinical practice. She has edited two books, *Unmasking Race, Culture and Attachment in the Psychoanalytic Space: What do we see? What do we think? What do we feel?* (Karnac, 2006) and *Touch: Attachment and the Body.* (Karnac, 2004). Her most recent article, published in The Attachment and Human Development Journal (6:117-130) 2004, is entitled *Developing a secure-enough base: teaching psychotherapists in training the relationship between attachment theory and clinical work.*

**COURSE DESCRIPTION**

This presentation will introduce participants to key concepts from contemporary attachment research and their application to clinical practice. The focus will be on the ways people protect themselves from attachment and intimacy including the use of dissociation. In particular, Kate will discuss what we can learn as clinicians from the research on disorganised attachment and unresolved states of mind. She will illustrate these themes with examples from clinical work.

**COURSE OBJECTIVES**

Participants will:

1) Revisit the framework provided by attachment theory.
2) Introduce concepts of disorganised attachment and unresolved states of mind.
3) Identify and discuss the clinical manifestations of disorganised attachment and unresolved states of mind.
4) Explore ways in which these concepts can help us understand our work with traumatized clients.