



## WRIGHT INSTITUTE'S DEI OFFICE PRESENTS:



# Antiracist Psychological Assessment: Acknowledging the Harmful History and Working Toward Honesty, Humility, and Healing

**Alea Holman, PhD**

**Friday, February 19, 2021**

**9:00am – 11:00am PST**

**Live via Zoom**

**Please register by February 15, 2021**

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**CE Credits:  
2 CE hours**

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## Workshop Description:

The purpose of this presentation is to address the harm assessment has historically caused towards marginalized populations in order to move towards an actively anti-racist approach to providing assessment services. The presentation will include an honest conversation regarding racial dynamics within the practice of psychological assessment, how white supremacy has been preserved through widely used assessment techniques and emphasize the importance of utilizing antiracist methods in order to provide higher standard of care/practice.

## After completing this workshop, participants will be able to:

- Describe two ways psychological assessment has harmed the outcomes for people of color.
- Identify two ways commonly use assessment techniques preserve white supremacy.
- Describe three reasons why incorporating antiracist methods of psychological assessment in practice and/or teaching is important.
- Summarize what it means to take an actively antiracist approach to psychological assessment.

## Instructor Bio:

Dr. Alea Holman is a licensed psychologist and credentialed school psychologist. Prior to joining the school psychology faculty at Fordham University, she served in various clinical roles, providing attachment-focused psychotherapy to children, adults, and families in community mental health and private practice settings. Holman also worked as a school psychologist at the California School for the Blind, providing mental health and assessment services. In addition, she has worked as an adjunct professor and supervisor at several universities. At Fordham, she teaches the personality assessment courses to the school and counseling psychology graduate students.



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