



Violated By Love: Sexual Trauma in Collectivistic Communities

Rosilda James, Psy.D.
Saturday, May 15, 2021
10:00am - 12:00pm PDT

Live via Zoom

Please Register By: May 12, 2021
<https://www.wi.edu/continuing-education>



CE Credits:

2 CE hours. The Wright Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. The Wright Institute maintains responsibility for this program and its content.

Dr. James is seeking contributions from participants who wish to support efforts for ending the abuse of women and children in Cape Verde. **In lieu of a fee for this CE program, you are encouraged to contact Dr. James to learn how you can help.**

Help fight to end abuse of women and children.
Email rosildaj@yahoo.com to learn how you can help.



Workshop Description:

Confront taboos in collectivistic cultures and shed light into the invisible poison killing the light of life in our children, adolescents and adults. Learn how to assist and witness the healing of the body, mind and spirit of our beautiful survivors. Awaken the “it takes a village” mentality to strengthen community healing. Learn how to use limited resources and time limited therapy.

This presentation will focus on relevant materials for therapists to use in their work with traumatized children, adolescent and adults. Learn new clinical skills, interventions and principles to help clients recover from trauma. Implement multisensory interventions as it applies to traumatized brain. The discussion will cover culturally appropriate conversations and tools to use and how to be simultaneously empathetic and thought-provoking with patients. This presentation is based on over 20 years of clinical expertise as well as relevant literature.

After completing this workshop, participants will be able to:

- Navigate the societal norms of collective cultures when dealing with trauma.
- Integrate theoretical orientations in dealing with trauma and describe practical tools for restoring and enhancing intimacy.

Instructor Bio: Rosilda James, Psy.D.



Dr. Rosilda James has dedicated over 20 years to the practice of providing an avenue for healing to survivors of trauma. She has a private practice where she treats adults, couples and families. She has been with Kaiser Permanente since 2001 where she is currently a Hospital-Based Psychiatrist Consultant. Dr. James served as an adjunct professor at The Wright Institute in Berkeley, California from 2010 – 2016. She also specializes in issues of multi-culturalism, acculturation, ethnic/racial identity, and immigration.

Dr. James published “The Garden of Secrets” in March 2018 about sexual abuse in the Cabo Verdean community. She was a speaker on sexual abuse and paths to healing at the 2018 International Women Conference in Providence, RI. She also provided training for therapists on “Treating Complex Trauma in Collective Communities” (2018). Dr. James was interviewed on a Cabo Verdean television show in Brockton, Massachusetts “SeloErnestina” in June 2018. She was interviewed on the Radio show “Powerful Women Revealed” # 261/2018 on 95.9 WATD FM Plymouth with Nicole Perry about the harm of sexual trauma covering several areas, including physical, spiritual and psychological impacts; parental responsibility; healing; and community responsibility. In addition, she has been a guest speaker on a weekly Saturday morning radio talk show in Brockton, Massachusetts. She presented at Kaiser Permanente, Antioch (2019) on effective treatment for Posttraumatic Stress Disorder.

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